Weekly Events at the Jackson Wellsprings



Monday: 6-7:30pm Yoga with Rachel \$11

Tuesday: 12-1:30pm Qi Gong Brain Gym Class - Community Room \$22 7-10pm Unity Ecstatic Dance \$15-20

Wednesday: 7-8:30pm Sound Healing in the Community Room (Donations Welcome)

Thursday: 9-10:30am Yoga with Rachel \$11 6:30-8:30pm Kirtan (Donations Welcome)

Sunday: (bi-weekly) 6-9pm Temple of Peace Heart Song in Casbah

Seasonal April - December:

New Moon Red Tent Ceremonies at the Goddess Temple Full Moon Drum Circles at the Oak Temple